

Make a difference.
Build a career.
Change lives.



Explore Mental Health Careers in New York

Substance Abuse Counselor

\$46,000-\$67,500/year

- Conduct assessments
- Develop individualized treatment plans
- Lead group therapy sessions
- Provide family counseling to support loved ones
- Teach relapse prevention techniques
- Educate clients on recovery
- Advocate for clients in legal, employment, and housing matters
- Develop crisis intervention plans

[Learn more about this profession](#)

Art Therapist

\$46,000-\$67,500/year

- Conduct assessments
- Develop individualized treatment plans
- Lead group therapy sessions
- Provide family counseling to support loved ones
- Teach relapse prevention techniques
- Educate clients on recovery
- Advocate for clients in legal, employment, and housing matters
- Develop crisis intervention plans

[Learn more about this profession](#)

Peer Counselor

\$46,000-\$67,500/year

- Conduct assessments
- Develop individualized treatment plans
- Lead group therapy sessions
- Provide family counseling to support loved ones
- Teach relapse prevention techniques
- Educate clients on recovery
- Advocate for clients in legal, employment, and housing matters
- Develop crisis intervention plans

[Learn more about this profession](#)

New York’s Mental Health Employers

Job title or keyword

County or ZIP

Find Employers

Featured Training and Education Opportunities

Cognitive Behavior Therapy (CBT)

 American Counseling Association

 3/24/2025

 Online

Trauma-Informed Care Training

 Russel Sage College

 8/22/2025

 In Person

Art Therapy and Creative Development

 Pratt Institute

 6/19/2025

 In Person

Is a Mental Health Career For You?

Not just anyone can thrive as a mental health care provider. If the following sounds like you, you just might have what it takes.

- +

Compassionate and Empathetic

+

Strong Communicator and Listener

+

Resilient and Self-Aware

+

Critical Thinker and Problem Solver

+

Patient and Tolerant

-

Ethical and Professional
 - ✓ A strong sense of responsibility and adherence to ethical guidelines and confidentiality laws.
 - ✓ Commitment to maintaining professional boundaries while still providing compassionate care.

+

Open-Minded and Growth-Oriented

